



**Read Matthew 6:16-34**

**Intro:**

*Think about what 'masks' you wear throughout life - at work, at home, at church, with friends. Are you reflecting different parts of yourself or even playing a part? Do you have a 'Christian' mask? We all mask to some degree but Jesus is challenging us to 'keep it real'!*

**Consider**

1. How do we show the world we are Christians and reflect Jesus but not make a performance of our spirituality - vs 16-18
2. What is YOUR wealth - where is your treasure? Consider 21 - therefore, where is your heart? Verse 22-23. What do people's eyes tell you about them? Can you 'see' Jesus in a person's eyes?
3. What do our eyes tell us about our heart - how does this connect to: verse 24 and also 25-34?
4. Do our eyes lead us to worry? Look again 25-34: Is it possible for us to be as carefree as the birds and the flowers of the field, is this really the message of what Jesus is teaching here?
5. Consider this whole passage in terms of 'heart and eyes' - what is Jesus saying to us about who we are inside and how we are to act.

**Response:**

Reflect on the chorus of *Turn Your Eyes Upon Jesus*, and consider what God wants us to set our hearts upon. You may like to consider the whole hymn or even sing it together.

*Turn your eyes upon Jesus,  
Look full in His wonderful face,  
And the things of earth will grow strangely dim,  
In the light of His glory and grace.*

O soul, are you weary and troubled?  
No light in the darkness you see?  
There's light for a look at the Savior,

And life more abundant and free.

*Chorus*

Through death into life everlasting  
He passed, and we follow Him there;  
O'er us sin no more hath dominion  
For more than conqu'rors we are!

*Chorus*

His Word shall not fail you, He promised;  
Believe Him and all will be well;  
Then go to a world that is dying,  
His perfect salvation to tell!

*Chorus*